



The WhyTry Organization

Over the last 20 years WhyTry has led the way in providing practical and effective social and emotional education resources. These include programs, tools, and training to help you motivate, address mental health needs, and follow a trauma-informed approach to build emotional resilience in every student.

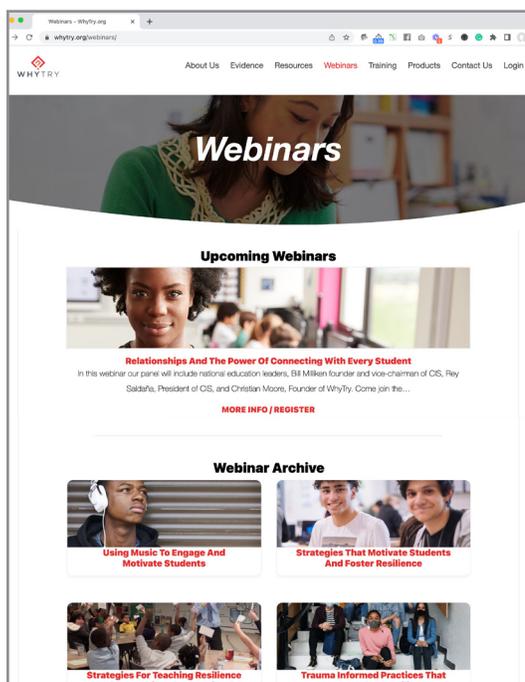
These resources help students master the skills they need to succeed at school, at home, and in life.

- Curriculum for elementary and secondary students
- Flexible, online toolkits & ready-made lessons
- Evidence-based programs and interventions
- Engaging activities and multimedia.



The WhyTry Approach

Along with these resources, we provide training on how to work with students that are facing challenges, dealing with trauma, and facing adversity in their lives. We'll train your teachers, counselors, and administrators to implement our tools in a way that engages students and motivates them to take an interest in their own success.



Supporting a Community

Along with the extensive resources in our product catalog, WhyTry is dedicated to collaboration and building a community of educators focused on emotional resilience and student mental health. To this end, we offer free resources and tools focusing on this mission including:

- Our weekly *Resilience Webinar Series* discussing important topics with education leaders from around the country.
- The *Parent's Guide to Resilience*, a resource to help parents and families build resilience in the home.

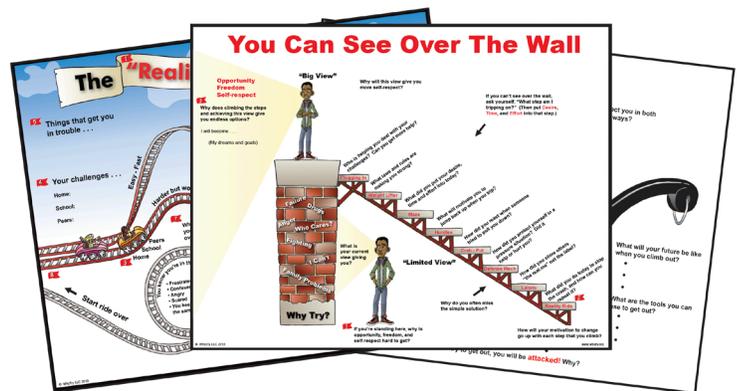
WhyTry.org

The WhyTry Program

The WhyTry Program was created to provide simple, hands-on solutions for helping motivate the unmotivated student, supporting students with trauma, improving engagement, and increased academic success. The idea is straightforward: teach social and emotional education to youth in a way they can understand and remember. The WhyTry curriculum utilizes a series of ten visual analogies that teach important life skills like:

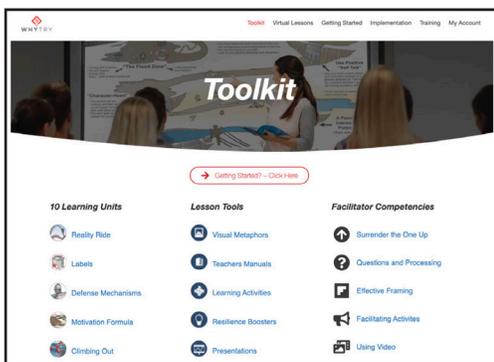
10 WhyTry Learning Units

- Improved decision making
- Dealing with peer pressure
- Impulse Control
- Obeying laws and rules
- Valuing hard work
- Plugging-in to support systems
- Having a future vision



The visual analogies are reinforced through creative use of music, hands-on activities, and multimedia. WhyTry curriculum engages all major learning styles (visual, auditory, and body-kinesthetic).

The WhyTry toolkit and Curriculum



The WhyTry Program can be used as a flexible toolkit for teachers and counselors or as a classroom curriculum that can be taught over the course of a semester or school year. To schedule a demo of our complete toolkit and implementation model go to:

whytry.org/demo



Incorporating The WhyTry Approach

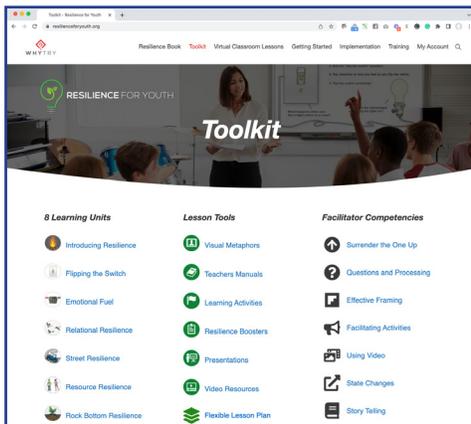
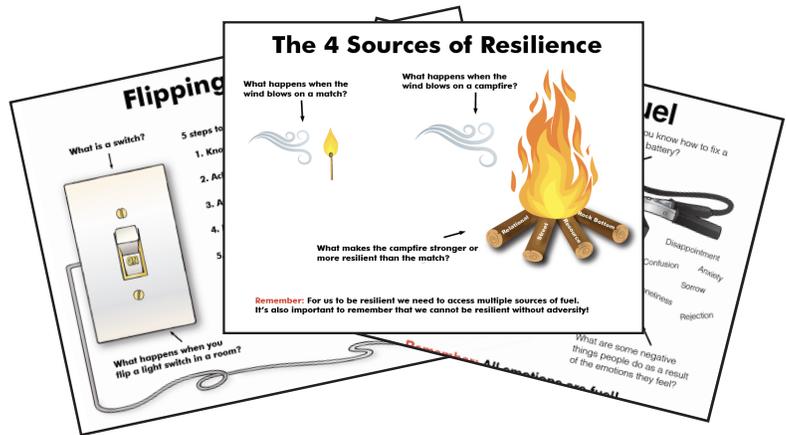
The WhyTry program is not just a series of tools and resources to teach life skills, it's an approach to motivating even the most difficult to reach students. Our training focuses on helping educators build competencies that are key to student engagement and follow our proven model of teaching resilience to all students.

Resilience For Youth

The Resilience For Youth curriculum is a **suite of tools** that teach the building blocks of resilience for students, and includes resources for educators and parents. These tools utilize the same methods employed in the WhyTry Program. (a series of visual analogies reinforced through creative use of music, hands-on activities, and multimedia, engaging all major learning styles visual, auditory, and body-kinesthetic).

Resilience for Youth **Learning Units**

- Focusing on Resilience
- Flipping the Switch
- Emotional Fuel
- Relational Resilience
- Street Resilience
- Resources Resilience
- Rock Bottom Resilience

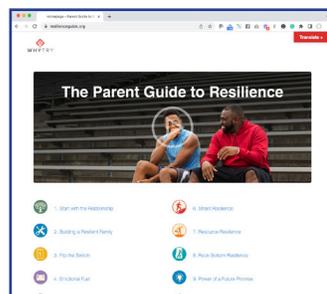


Resilience for Youth **Toolkit**

Resilience for Youth can be used as a flexible toolkit for teachers and counselors or as a classroom curriculum that can be taught over the course of a semester or school year.

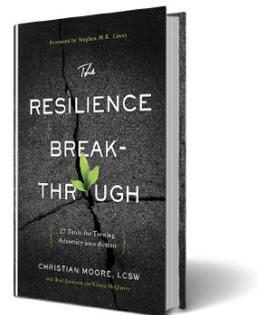
The Parent Guide to **Resilience**

The parent guide is a companion resource for parents and families to help apply the same principles of resilience taught in our programs, in the home.



Our Best Selling **Book**

“The Resilience Breakthrough” provides a series of 27 strategies for teachers and educators to find ways to cope and build their own resilience during difficult times.





WHYTRY

Would you like more of the **FREE** resources we provide to our resilience focused community?

- Our Parent Guide to Resilience
- Access to our weekly webinar series
- Our Resilience Breakthrough Podcast

Scan this **QR code** and fill out the form!
(open your smart phone camera and click the link when it pops up)



Schedule a FREE online demo of the WhyTry Program and we will send you a free ebook and audio book copy of our best selling book, ***The Resilience Breakthrough***

whytry.org/demo

